



Natan Lanu Torat Emet - Customary Blessing after Torah Study

שְׁלוֹם רַב לְאַהֲבֵי תוֹרַתְךָ וְאִין־לָנוּ מִכְשׁוֹל:

*Great peace have those who love your law; nothing can make them stumble.
- Psalm 119:165*

AS IT IS CUSTOMARY to recite a blessing before engaging in Talmud Torah - the study of the Torah, so we likewise recite a blessing after our studies:



Transliterated:

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר

a-sher ha-o-lam me-lekh e-lo-hey-nu Adonai attah barukh
who the universe king (of) our God Lord are you Blessed

נָתַן לָנוּ תוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נִשֵּׂע בְּתוֹכֵנוּ.

be-to-khe-nu nata' o-lam ve-chai-yei e-met to-rat la-nu natan
in our midst set everlasting and life of truth the Torah to us gave

בְּרוּךְ אַתָּה יְהוָה, נוֹתֵן הַתּוֹרָה.

hat-to-rah noten Adonai attah barukh
(of) the Torah giver Lord are you Blessed

*Blessed art thou, Lord our G-d, King of the universe, who
gave us the Torah of truth and set everlasting life in our midst.
Blessed art thou, O Lord, Giver of the Torah.*

*Barukh attah Adonai eloheinu melekh ha-olam, asher
natan lanu torat emet, v'chaiyei 'olam nata betokheinu.
Barukh attah Adonai, notein haTorah.*